





	<p><b>If you need help during the corona crisis</b></p>
	<p>You can get help from the Community Hub</p>
	<p>Help with shopping, or posting things, or walking the dog.....</p>
	<p>Or maybe a friendly call</p>
	<p>The Community Hub can help with lots of things, or tell you who else can help</p>
	<p>There's lots of information at <a href="https://www.pembrokeshire.gov.uk/coronavirus-covid-19-community-information/community-hub">https://www.pembrokeshire.gov.uk/coronavirus-covid-19-community-information/community-hub</a></p>
	<p>Or you can call <b>01437 776301</b> From 9-5 Monday to Friday</p>