





	<p>If you need help during the corona crisis</p>
	<p>You can get help from the Community Hub</p>
	<p>Help with shopping, or posting things, or walking the dog.....</p>
	<p>Or maybe a friendly call</p>
	<p>The Community Hub can help with lots of things, or tell you who else can help</p>
	<p>There's lots of information at https://www.pembrokeshire.gov.uk/coronavirus-covid-19-community-information/community-hub</p>
	<p>Or you can call 01437 776301 From 8-6 Monday to Friday, 10-2 Saturday, Sunday and Bank Holidays</p>