

How is life where you live?

A survey for children and young people living in Ceredigion,
Carmarthenshire and Pembrokeshire

Why are we asking you?

People who work in your local area want to make life better for children, families and nature.

This survey helps them understand:

- what makes life good for you
- what makes life tricky
- what you think should change in the future

There are **no right or wrong answers**. We want to hear what *you* think.

About you

Q1. Which sounds most like you?

- I live in this area
- I go to school in this area
- I go to college in this area
- I am part of a club or group here
- Other (please tell us)

Q2. Where do you live?

- Ceredigion
 - Carmarthenshire
 - Pembrokeshire
-

What does “well-being” mean?

Well-being means **how good life feels**.

This can include:

- feeling happy and safe
- being healthy
- having friends and people who care about you
- enjoying where you live
- having fun things to do

The next questions are about different parts of well-being.

Learning, jobs and getting around

This part is about school or college, learning new things, jobs for the future, and how you travel.

Q3. Which of these are important to you?

Put numbers in the right-hand column e.g. 1 – most important

	Rank
learning new things	
doing well at school or college	
having a good job when you are older	
having enough money	
buses, trains and roads	
having a job you enjoy	
internet and computers	
buildings like schools, shops and centres	
something else (tell us)	

Q4. Pick ONE thing from the list above that matters most to you. Why is it important to you and how can we make it better?

You can write a few words or a short story.

Health, friendships and feeling safe

This part is about your body, your feelings, and your life with others.

Q5. Which of these matter most to you?

Put numbers in the right-hand column e.g. 1 – most important

Item	Rank
feeling healthy in your body	
feeling happy and calm	
having help when you feel sad or worried	
feeling safe where you live	
having friends	
not feeling lonely	
having a nice place to live	
help for other people who need care	
something else (tell us)	

Q6. Pick ONE thing from the list above that matters most to you. Why is it important to you and how can we make it better?

--

Nature and the planet

This part is about looking after the world around us.

Q7. Which of these are important to you?

Put numbers in the right-hand column e.g. 1 – most important

Item	Rank
------	------

parks, woods and beaches	
clean air	
clean rivers and sea	
helping stop climate change	
recycling and less rubbish	
seeing nature	
energy	
green energy (like wind and sun)	
something else (tell us)	

Q8. Pick ONE thing from the list above that matters most to you. Why is it important to you and how can we make it better?

--

Culture, fun and belonging

This part is about who we are and what brings us together.

Q9. Which of these matter most to you?

Please rank the topics by adding numbers to the right-hand column e.g. 1 – most important

Item	Rank
Welsh language	
sport and games	
music, art and creativity	
clubs and activities	
helping in the community	
feeling proud of who you are	
my opinion / what I believe in	
something else (tell us)	

Q10. Pick ONE thing from the list above that matters most to you. Why is it important to you and how can we make it better?

Thinking about the future

Q11. If you could change one thing in your life to help you feel happier, safer or healthier, what would it be?

Q12. Is there anything else you want to tell us about living where you are?

Thank you for answering these questions.

What will happen next?

We are gathering lots of information together to find out how happy, safe and well people feel in Ceredigion and Carmarthenshire. It will help us to make a plan to make things better. This will be called our Local Well-being Plan.

We might ask you later this year if we've collected the right information to help us write the Local Well-being Plan.