

Regional Well-being Assessment 2026

Dewiswch pa iaith y byddai'n well gennych ei ddefnyddio/

Please choose which language you would prefer to use

- ☐ Saesneg/English
- ☐ Cymraeg/Welsh
- ☐ Pwyleg/Polish
- ☐ Romaneg/Romanian
- ☐ Arabeg/Arabic

Help Shape the Future of Well-being in our Communities

Carmarthenshire, Ceredigion and Pembrokeshire Public Services Boards (partnerships of local organisations like councils, health services, emergency services and others collaborating to improve well-being) are working together to understand what matters most to people who live, work and study in our area.

By taking a few minutes to complete this survey, you'll help us build a clear picture of local well-being—what's working well and what could be improved. Your views will directly inform our next Well-being Plans and help shape decisions that affect our communities. We'd love to hear from you. Whether you have a lot to say or just a few thoughts to share, every response makes a difference. Thank you for taking part.

Please tell us in which county you reside...

- ☐ Carmarthenshire ☐ Ceredigion ☐ Pembrokeshire

Are you responding as:

- ☐ A resident
- ☐ As a County/Town/Community Councillor
- ☐ As a representative of a local community group or charity
- ☐ On behalf of an educational establishment, such as school or college
- ☐ On behalf of a business
- ☐ As a representative of a local Community and Town Council
- ☐ Other

Please specify Other:

In which ward in Pembrokeshire do you live?

- ☐ Amroth and Saundersfoot North
- ☐ Boncath and Clydau
- ☐ Bro Gwaun
- ☐ Burton
- ☐ Camrose
- ☐ Carew and Jeffreyston
- ☐ Cilgerran and Eglwysrwr
- ☐ Crymych and Mynachlog-ddu
- ☐ East Williamston
- ☐ Fishguard: North East
- ☐ Fishguard: North West
- ☐ Goodwick
- ☐ Haverfordwest: Castle
- ☐ Haverfordwest: Garth
- ☐ Haverfordwest: Portfield
- ☐ Haverfordwest: Prendergast
- ☐ Haverfordwest: Priory
- ☐ Hundleton
- ☐ Johnston
- ☐ Kilgetty and Begelly
- ☐ Lampeter Velfrey
- ☐ Lamphey
- ☐ Letterston
- ☐ Llangwm
- ☐ Llanrhian
- ☐ Maenclochog
- ☐ Manorbier and Penally
- ☐ Martletwy
- ☐ Merlin's Bridge
- ☐ Milford: Central
- ☐ Milford: East
- ☐ Milford: Hakin
- ☐ Milford: Hubberston
- ☐ Milford: North

- ☐ Milford: West
- ☐ Narberth: Rural
- ☐ Narberth: Urban
- ☐ Newport and Dinas
- ☐ Neyland: East
- ☐ Neyland: West
- ☐ Pembroke Dock: Bufferland
- ☐ Pembroke Dock: Bush
- ☐ Pembroke Dock: Central
- ☐ Pembroke Dock: Market
- ☐ Pembroke Dock: Pennar
- ☐ Pembroke: Monkton and St Mary South
- ☐ Pembroke: St Mary North
- ☐ Pembroke: St Michael
- ☐ Rudbaxton and Spittal
- ☐ Saundersfoot South
- ☐ Solva
- ☐ St David's (Pembrokeshire)
- ☐ St Dogmaels
- ☐ St Florence and St Mary Out Liberty
- ☐ St Ishmael's
- ☐ Tenby: North
- ☐ Tenby: South
- ☐ The Havens
- ☐ Wiston

INTRODUCTION

Well-being is about people's quality of life, and how this is linked to our environment, the local economy, the society we enjoy and the culture we share.

We want to understand how you feel about the well-being of your community and what matters most to you, thinking about environmental, economic, social and cultural well-being across the region.

OUR ECONOMY AND WELL-BEING

Economic well-being is about how we generate prosperity through the activities of businesses, the voluntary sector and public services. It also includes the infrastructure and transport that supports us and how we educate and train people so they can access decent work and financial security throughout life.

Below are some topic areas related to economic well-being across the region of Carmarthenshire, Ceredigion and Pembrokeshire.

Please rank the topics by adding numbers to the right-hand column e.g. 1 – most important

Good employment opportunities	
Decent income and earnings	
Support for businesses to grow and develop	
Good opportunities to learn, gain skills and qualifications	
Good quality infrastructure e.g. roads	
Digital infrastructure e.g. broadband, access to devices	
Good transport and travel links	
Childcare provision	
Access to affordable, healthy, local food	
Finding out and being able to access the financial support that I am entitled to	

Other topics (please specify):

Thinking about the ONE most important area of economic well-being to you, tell us your story or experience about why this matters:

OUR SOCIETY AND WELL-BEING

Social well-being focuses on people's mental and physical health and how we care for each other. How safe, connected and comfortable we feel in our communities and if we have independence, equality and respect.

Below are some topic areas related to social well-being across the region. Please rank the topics by adding numbers to the right-hand column e.g. 1 – most important

Good physical health	
Good mental health	
Support and activities for babies and toddlers	
Support and activities for children and young people	
Support in the community to Age well	
Feeling part of your community	
Having a good support network	
Feeling safe within my community	
Good social care	
Good quality housing	
Fewer people living in poverty	

Other topics (please specify):

Thinking about the ONE most important area of social well-being to you, tell us your story or experience about why this matters:

OUR ENVIRONMENT AND WELL-BEING

Environmental well being relates to the natural environment, climate, biodiversity and use of resources, and how these support resilience and quality of life. Protecting and enhancing the environment is essential to sustaining well-being for both present and future generations.

Below are some topic areas related to environmental well-being across the region. Please rank the topics by adding numbers to the right-hand column e.g. 1 – most important

A healthy eco-system and rich biodiversity	
Good air quality	
Access to green space	
Good water quality	
Addressing the impact of climate change	
Addressing the threat posed by flooding	
Effective waste management and recycling	
Sustainable energy use	
More renewable energy	

Other topics (please specify):

Thinking about the ONE most important area of environmental well-being to you, tell us your story or experience about why this matters:

OUR CULTURE AND WELL-BEING

Cultural well-being focuses on the way we live our lives, the community connections we make, the Welsh language, traditions, beliefs and values we share. It celebrates our heritage, our landscape and the sports, leisure, arts and recreational activities we enjoy.

Below are some topic areas related to cultural well-being across the region. Please rank the topics by adding numbers to the right-hand column e.g. 1 – most important

Welsh language, e.g. promotion and protection, opportunities to learn and use the language	
Celebrating our historical buildings, monuments and landmarks	
Supporting our museums	
Sport e.g. access to sport and physical activities	
Opportunities to play an active role within the community e.g. volunteering, supporting events and activities	
Supporting the arts	
Religion	

Other topics (please specify):

Thinking about the **ONE** most important area of cultural well-being to you, tell us your story or experience about why this matters:

What one change to your circumstances would help improve your future wellbeing most

Is there anything else you would like to tell us about well-being across the region?

If you would like to receive further updates on the Well-being Assessment, please type your e-mail address here. Your contact details will only be used for this purpose.

About you: We'd like to know more about you so that we can see how issues affect different groups of people. This information will not be used to identify you.

Age: What is your age group?

- ☐ 16 and under ☐ 25-34 ☐ 45-54 ☐ 65-74 ☐ 85+
☐ 16-24 ☐ 35-44 ☐ 55-64 ☐ 75-84 ☐ Prefer not to say

What gender do you identify as:

- ☐ Female ☐ Male ☐ Non-binary ☐ Prefer another term ☐ Prefer not to say

Please specify 'another term':

Gender reassignment: Is your present gender the same as the one assigned to you at birth? (please tick only one)

- ☐ Yes ☐ No ☐ I Prefer not to say

Marriage and civil partnership: Are you? (please tick only one)

- ☐ Single ☐ In a Civil Partnership ☐ Widowed
☐ Married ☐ Divorced/separated ☐ I Prefer not to say

Sexual Orientation: What is your sexual orientation? (please tick only one)

- ☐ Heterosexual/straight ☐ Bisexual ☐ Another sexual orientation
☐ Gay or Lesbian ☐ I prefer not to say

Please specify 'other':

How would you describe your ethnic group? (Please tick only one)

- ☐ White ☐ Mixed/multiple ethnic group ☐ I Prefer not to say
☐ Gypsy or Irish Traveller ☐ Asian, Asian British or Asian Welsh ☐ Other Ethnic group
☐ Roma ☐ Black/ Black British, Black Welsh, Black Caribbean or African

Please specify 'other':

Religion: What is your religion? (please tick only one)

- | | | |
|---|------------------------------|---|
| ☐ No religion | ☐ Hindu | ☐ Sikh |
| ☐ Christian (all denominations) | ☐ Jewish | ☐ I Prefer not to say |
| ☐ Buddhist | ☐ Muslim | ☐ Other |

Please specify 'other':

Pregnancy and maternity/paternity: Please indicate if any of the following apply to you (please tick all that apply).

- | | | |
|--|---|-------------------------------------|
| ☐ I am expecting a baby | ☐ I am currently on maternity leave | ☐ None of these |
| ☐ I have had a baby in the last six months | ☐ I am currently on paternity leave | |
| ☐ Prefer not to say | | |

Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?

- | | | |
|---------------------------|--------------------------|---|
| ☐ Yes | ☐ No | ☐ I prefer not to say |
|---------------------------|--------------------------|---|

Do any of your conditions or illnesses reduce your ability to carry out day-to-day activities?

- | | | | |
|----------------------------------|-------------------------------------|----------------------------------|---|
| ☐ Yes, a lot | ☐ Yes, a little | ☐ Not at all | ☐ I Prefer not to say |
|----------------------------------|-------------------------------------|----------------------------------|---|

Do you look after or give any help or support to, anyone because they have long-term physical or mental health conditions or illnesses, or problems related to ageing?

- | | | |
|---------------------------|--------------------------|---|
| ☐ Yes | ☐ No | ☐ I prefer not to say |
|---------------------------|--------------------------|---|

Do you have a low net household income? e.g. you are entitled to benefits, free school meals etc.

- | | | |
|---------------------------|--------------------------|---|
| ☐ Yes | ☐ No | ☐ I prefer not to say |
|---------------------------|--------------------------|---|

Are you a member of the armed forces community (veteran, reservist, cadet force, adult volunteer (CFAV) or a family member of someone in the armed forces)?

- | | | |
|---------------------------|--------------------------|---|
| ☐ Yes | ☐ No | ☐ I Prefer not to say |
|---------------------------|--------------------------|---|

Can you understand, speak or write Welsh? (Tick all that apply)

- ☐ Understand spoken Welsh ☐ Speak Welsh ☐ Read Welsh
☐ Write Welsh ☐ None of the above ☐ I prefer not to say

What is your main language?

- ☐ Welsh ☐ English ☐ I prefer not to say ☐ Other (please specify)

Please specify 'other':

Thank you for taking the time to complete this survey